



Try it with
MH Sweet Potato
& Tarragon
dressing!

Grilled Salmon

PREP 5 MINS | COOK 10 MINS
SERVES 1

INGREDIENTS:

8 ounce fillet salmon
2 tablespoons olive oil
Salt and ground black pepper to taste

DIRECTIONS:

Prepare grill for high heat.

Season the salmon fillets with salt and pepper to taste and drizzle with olive oil.

Lightly oil the grill grate.

Cook the salmon on the grill until the fish flakes easily with a fork, around 5 to 10 minutes.

Place on a serving plate and top with the prepared sauce.

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